

November 2020

BE VIBRANT. BE YOU.					11010111001 2020	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DAYLIGHT SAVINGS: Set Clocks 1 Hour BEHIND Wear "ANY" of Your Favorite Jersey 7:00	National Deviled Eggs Day! 7:00 AM Walk Around The Building 9:00 News headlines W/Alexa [AR] 10:30 Resistance Bands Work Out [AR] 11:00 Unote of the Day w/ Alexa [AR] 1:00 MAh-Jong- Game Room 1:30 Who want to be a millionaire w/ Alexa 2:00 Ping Pong! [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:30 Everybody Watch Jeopardy	National Sandwich Day! 7:00 AM Walk Around The Building 9:00 News headlines W/Alexa [AR] 11:00 Make Your Own Sandwich! [AR] 11:00 Quote of the Day w/ Alexa [AR] 2:00 Poker [GR] 2:30 Candy Bingo [DR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:00 Everybody Watch Wheel Of Fortune	Dr. Appointments 9:30 am - 4:30 pm National Candy Day! White Sock Wednesday 7:00 AM Walk Around The Building 9:00 News headlines W/Alexa [AR] 11:00 Quote of the Day w/ Alexa [AR] 1:00 Resistance Bands Work Out [AR] 2:00 Solstice Crafters [LIB] 2:30 Candy Treat [AR] 3:00 National Geographic W/ Alexa 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:30 Everybody Watch Jeopardy	American Football Day! 7:00 AM Walk Around The Building 9:00 News headlines W/Alexa [AR] 11:00 Quote of the Day w/ Alexa [AR] 2:00 Poker [GR] 2:30 Candy Bingo [DR] 4:00 Yes, Majesty Game w/ Alexa [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:00 Everybody Watch Wheel Of Fortune	National Nachos Day! 7:00 AM Walk Around The Building 7:30 Wear R.E.D. Shirt 9:00 News headlines W/Alexa [AR] 11:00 Quote of the Day w/ Alexa [AR] 1:00 Dumbell Exercise [AR] 1:00 Mah-Jong [GR] 2:00 Cruise w/ Hannah [OC] 4:00 Ted Talks W/ Alexa 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:30 Everybody Watch Jeopardy	7:00 AM Walk Around The Building 9:00 News headlines W/Alexa [AR] 11:00 Quote of the Day w/ Alexa [AR] 12:30 Gratitude Photos 1:00 Mah-Jong [GR] 2:30 Beanbag Baseball [TBD] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building
National Cappuccino Day! Wear "ANY" of Your Favorite Jersey 7:00	National Fried Chicken Sandwich Day! 7:00 AM Walk Around The Building 9:00 News headlines W/Alexa [AR] 10:30 Resistance Bands Work Out [AR] 11:00 Mah-Jong- Game Room 1:30 Mho want to be a millionaire w/ Alexa 2:00 Ping Pong! [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:30 Everybody Watch Jeopardy	National Vanilla Cupcake Day! 7:00 AM Walk Around The Building 9:00 News headlines W/Alexa [AR] 11:00 Quote of the Day w/ Alexa [AR] 2:00 Poker [GR] 2:30 Candy Bingo [DR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:00 Everybody Watch Wheel Of Fortune	Dr. Appointments 9:30 am - 4:30 pm VETERANS DAY White Sock Wednesday 7:00 AM Walk Around The Building 9:00 News headlines W/Alexa [AR] 11:00 Quote of the Day w/ Alexa [AR] 1:00 Resistance Bands Work Out [AR] 1:30 Tribute to Our Veterans [TBD] 2:00 Solstice Crafters [LIB] 3:00 Price it Right W/ Alexa 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:30 Everybody Watch Jeopardy	National Happy Hour Day! 7:00 AM Walk Around The Building 9:00 News headlines W/Alexa [AR] 11:00 Quote of the Day w/ Alexa [AR] 2:00 Poker [GR] 2:30 Candy Bingo [DR] 4:00 Happy Hour! 4:00 Yes, Majesty Game w/ Alexa [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:00 Everybody Watch Wheel Of Fortune	World Kindness Day! 7:00 ❤ AM Walk Around The Building 7:30 ♠ Wear R.E.D. Shirt 8:30 ♠ Do something nice for your neighbor! 8:30 ♠ Quote of the day W/ Alexa [AR] 9:00 ♠ News headlines W/Alexa [AR] 1:00 ❤ Dumbell Exercise [AR] 1:00 ❤ Mah-Jong [GR] 2:00 ♠ Cruise w/ Hannah [OC] 4:00 ♠ Ted Talks W/ Alexa 5:00 ❤ Play Your Choice of Cards [GR] 6:00 ❤ PM Walk Around The Building 7:30 ❤ Everybody Watch Jeopardy	National Pickle Day! 7:00 AM Walk Around The Building 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 1:00 Mah-Jong [GR] 1:30 Pickle Treat [AR] 2:30 Beanbag Baseball [TBD] 4:00 Myth Buster W/ Alexa [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building
National Clean Out Your Fridge Day! Wear "ANY" of Your Favorite Jersey. 7:00	National Button Day 7:00 AM Walk Around The Building 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 10:30 Resistance Bands Work Out [AR] 1:00 Mah-Jong [GR] 1:30 Who want to be a millionaire w/ Alexa 2:00 Ping Pong! [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:30 Everybody Watch Jeopardy	National Baklava Day 7:00 AM Walk Around The Building 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 2:00 Poker [GR] 2:30 Candy Bingo [DR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:00 Everybody Watch Wheel Of Fortune	Dr. Appointments 9:30am - 4:30pm White Sock Wednesday 7:00 ✓ AM Walk Around The Building 8:30 ✓ Quote of the day W/ Alexa [AR] 9:00 ✓ News headlines W/Alexa [AR] 1:00 ✓ Resistance Bands Work Out [AR] 2:00 ★ Solstice Crafters [LIB] 3:00 ❤ Price it Right W/ Alexa 5:00 ❤ Play Your Choice of Cards [GR] 6:00 ✓ PM Walk Around The Building 7:30 ❤ Everybody Watch Jeopardy	National Play Monopoly Day 7:00 AM Walk Around The Building 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 10:00 Play Monopoly [AR] 2:00 Poker [GR] 2:30 Candy Bingo [DR] 4:00 Yes, Majesty Game W/ Alexa [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:00 Everybody Watch Wheel Of Fortune	7:00 AM Walk Around The Building 7:30 Wear R.E.D. Shirt 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 1:00 Dumbell Exercise [AR] 1:00 Mah-Jong [GR] 2:00 Cruise w/ Hannah [OC] 4:00 Ted Talks W/ Alexa 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:30 Everybody Watch Jeopardy	National Gingerbread Cookie Day 7:00
Wear "ANY" of Your Favorite Jersey. 7:00	National Cashew Day 7:00 AM Walk Around The Building 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 10:30 Resistance Bands Work Out [AR] 1:00 Mah-Jong [GR] 1:30 Mho want to be a millionaire w/ Alexa 2:00 Ping Pong! [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:30 Everybody Watch Jeopardy	7:00 AM Walk Around The Building 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 2:00 Poker [GR] 2:30 Candy Bingo [DR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:00 Everybody Watch Wheel Of Fortune	Dr. Appointments 9:30am - 4:30pm White Sock Wednesday 7:00 ✓ AM Walk Around The Building 8:30 ✓ Quote of the day W/ Alexa [AR] 9:00 ✓ News headlines W/Alexa [AR] 1:00 ✓ Resistance Bands Work Out [AR] 2:00 ★ Solstice Crafters [LIB] 3:00 ❤ Price it Right W/ Alexa 5:00 ❤ Play Your Choice of Cards [GR] 6:00 ✓ PM Walk Around The Building 7:30 ❤ Everybody Watch Jeopardy	THANKSGIVING 7:00 AM Walk Around The Building 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 1:00 Thanksgiving Brunch [DR] 2:00 Poker [GR] 2:30 Candy Bingo [DR] 4:00 Yes, Majesty Game W/ Alexa [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:00 Everybody Watch Wheel Of Fortune	National Day of Listening 7:00 AM Walk Around The Building 7:30 Wear R.E.D. Shirt 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 1:00 Unmbell Exercise [AR] 1:00 Mah-Jong [GR] 2:00 Cruise w/ Hannah [OC] 4:00 Ted Talks W/ Alexa 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:30 Everybody Watch Jeopardy	Small Business Saturday 7:00 AM Walk Around The Building 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 12:30 Paint Pouring [AR] 1:00 Mah-Jong [GR] 2:30 Peanbag Baseball [TBD] 4:00 Myth Buster W/ Alexa [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building
Wear "ANY" of Your Favorite Jersey. 7:00	National Mason Jar Day 7:00 AM Walk Around The Building 8:30 Quote of the day W/ Alexa [AR] 9:00 News headlines W/Alexa [AR] 10:30 Resistance Bands Work Out [AR] 1:00 MAh-Jong [GR] 1:30 Who want to be a millionaire w/ Alexa 2:00 Ping Pong! [AR] 5:00 Play Your Choice of Cards [GR] 6:00 PM Walk Around The Building 7:30 Everybody Watch Jeopardy	SOLSTICE SENIOR LIVING AT KENNEWICK	Location Keys Activity Room AR Chapel CHP Dining Room DR Game Room GR Library LIB Out of community OC TO BE DETERMINED TBD	 Be Adventurous Be Challenged Be Connected Be Family ★ Be Inspired ★ Be Social ▶ Be Well 		Resident Birthdays Daniel H. 11/7 Bob N. 11/21 Lee P. 11/28 Betty C. 11/30